



Pupil Wellbeing at Riverside School

At the beginning of term, we asked some pupils to take part in our Wellbeing Survey and we really want to share the results of this with you. We hope you enjoy reading what pupils told us about how they feel in school. We are particularly reassured that pupils know they can talk to adults in school and pleased that they were able to share ways they can help others.

We asked:	Pupils said:
<p>In our school, we learn about how important it is to talk about our feelings and emotions.</p>	<p>I know this because...</p> <ul style="list-style-type: none"> • adults ask us every day. • it's important and if you don't talk about it, the teachers won't know. • it makes you happy when you talk about how you're feeling • we have feelings boards to tell the adults how we are feeling. • if you are sad or worried about something, you can always tell someone. The adults are very caring.
<p>I believe I can make a difference if someone else is worried or unhappy.</p>	<p>I know this because...</p> <ul style="list-style-type: none"> • I ask them to play • I would tell the teacher • I could try to juggle for them or play a game with them. That would cheer them up. • I would give them a hug. • I can ask them if they are okay. I could say, "What's the matter? I can help you." • Tell an adult so they can do their sensory with them. • I don't always want to but maybe I should help my friends if they are sad. • I could read a book to them and that would make them feel happier. • I can help them and make them happy. • I can be kind to them/ • I can draw them a picture.
<p>My school really cares about me and how I'm feeling.</p>	<p>I know this because...</p> <ul style="list-style-type: none"> • if there was a fire they would keep us safe and get you out quickly. • they might miss me if I wasn't here. • the adults are so happy with us. • they look after me. • they let me make my models. • they like me. • they help me make Green Choices. • it makes me happy. • they help me do my learning. • the adults are good. • we have assembly. • the adults help you learn stuff.
<p>I am able to get help at school when I am feeling worried or unhappy.</p>	<p>I know this because...</p> <ul style="list-style-type: none"> • if the teacher was busy, you could always ask a different adult. • I could tell the adults how I am feeling and they would sort it out. • my teachers help me when something is wrong • my adults help me with everything and make me happy again. • I ask my teacher. • they help me. They let me go on the spinny cup. • you can get help from the adults because they care about you.



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We asked:	Pupils said:
<p>If needed, I would feel comfortable talking about how I am feeling at school.</p>	<p>I know this because...</p> <ul style="list-style-type: none"> • you could talk to your friends and if they can't sort it out you could tell the adults or tell your mums and dads at home. • we would tell the teachers and the adults and they would ask us if we are okay and maybe talk to our parents to make sure we are okay. • I can use a feelings board to tell the adults. • you can tell an adult if you feel worried or angry. You can say, "Please can I go to the office?" • I sometimes tell people I'm tired. • I can just tell the grown-ups. • I've got a chart to show how I'm feeling.
<p>My teachers know when I am feeling worried or unhappy.</p>	<p>I know this because...</p> <ul style="list-style-type: none"> • I saw the adults with a boy and they got his feelings board and they gave him things that make him feel better • even if the teachers are busy, I can still tell them. • they help you do breathing. • they would see if I didn't look happy. • I could tell them and they would help me. • you can tell the teacher and you can go to your feelings board or do sign language. • I've got a feelings board. • they talk to me.
<p>My school really cares about all of its pupils and how they are feeling.</p>	<p>I know this because...</p> <ul style="list-style-type: none"> • if the adults didn't care about everyone, someone might feel sad • it's a fun place for people to learn. I love the learning here. • they look after us and play with us. • they say they are proud of you. • no because they care about me more because I am so special, aren't I? • they give us Seesaw, the monkey bars, the climbing frame, the spinny cup. • they take care of them when they are sad or hurt. • the adults ask everybody and look after them. • the adults be kind and make Green Choices. • when children trip over, the adults put a plaster on. • because Riverside doesn't want the children to get bullied or hurt. • we have everything till we go home. We have Golden Time and outside time. • it helps them and keeps them from danger. • there are lots of adults and they care about each person in their class.
<p>The school really cares about what I think and listens to what I have got to say.</p>	<p>I know this because...</p> <ul style="list-style-type: none"> • they really listen to my reading. • my teacher listens to my hard work. • they are so proud of me. • they keep me safe. • they care about all my friends • sometimes they talk to me. • they listen to me.